

## **Choices for Care**

### **Flexible Choices Participant Self-Screen**

Here are some questions to help you think about whether the Flexible Choices option is a good one for you. They can be answered either by the participant or by someone who helps the participant manage their services: either a guardian or a surrogate.

If you answer “yes” to all eight questions, Flexible Choices might be a good choice for you. If you find yourself answer “no” to several questions, then Flexible Choices might not work so well for you.

1. Is there something I would do differently if I had more flexibility in my Choices for Care long-term care Medicaid (“waiver”) services?
2. Do I communicate easily with others, either by talking, writing, through a translator or an assistive device?
3. Can I tell someone else about my disabilities and why I need help to stay healthy and independent at home?
4. Can I describe to someone else what I need for care so they can then provide that care?
5. Can I now, or am I willing to learn, how to recruit, hire, train, schedule and supervise staff?
6. With support from a consultant and a financial agent, can I make sure that employee’s timesheets are completed properly and get them into a payroll agent on time every two weeks?
7. Can I develop and stick to a budget that describes how I will purchase my care?
8. Can I carry out my employer responsibilities, like hiring and completing timesheets, without the help of a case manager?