

SECTION IV. 2. **Adult Day Services**

A. Definition

“Adult Day Services” are community-based non-residential services designed to assist adults with physical and/or cognitive impairments to remain as active in their communities as possible, by maximizing their level of health and independence and ensuring their optimal functioning. Adult Day centers provide a safe, supportive environment where participants can receive a range of professional health, social and therapeutic services. Adult Day services also provide respite. Services are furnished for a specified number of hours per day on a regularly scheduled basis, for one or more days per week.

Note: Adult Day services for participants living in an Adult Family Care home setting is covered under the Adult Family Care service standards (Section IV.11).

B. Adult Day Standards

Adult Day providers shall be certified by the Department of Disabilities, Aging and Independent Living (DAIL) and comply with the following:

1. Standards for Adult Day Services in Vermont (DAIL)
2. CFC Universal Provider Qualifications and Standards (*Section III.*)
3. CFC Services (*Section IV.*)

C. Provider Types

The following provider type is approved to provide Adult Day Services when authorized by DAIL and identified on the individuals Service Plan:

- Vermont Certified Adult Day Providers

C. Approved Activities

Adult Day Services includes the following approved, reimbursable activities:

1. Assessment
2. Personal Care
3. Therapies
4. Activities
5. Meals
6. Social Outings
7. Nursing Overview
8. Respite
9. Assist in arranging and coordinating Transportation

D. Limitations

1. Adult Day Services are limited to individuals approved by DAIL for services in the home-based setting.
2. Adult Day Services are limited to a maximum of 12 hours per day.
3. Adult Day Services are limited to the hours of operation and capacity of the adult day provider.
4. Adult Day Services are limited to the number of hours indicated on the approved CFC Service Plan.
5. Meals provided as part of Adult Day Services shall not constitute a “full nutritional regimen” for the day.
6. Transportation services are not included and are not reimbursed as part of Adult Day Services. The costs of transporting participants to and from the Adult Day Services site may be eligible for reimbursement under the Medicaid State Plan, as a transportation service.
7. Adult Day Services shall not be reimbursed for individuals residing in a licensed facility (hospital, nursing facility, residential care home, and assisted living residence).