

Many years ago most of my existence was spent behind the institutional walls of Brandon Training School.

I am free of those walls now but attitudinal walls are still very much placing large, enveloped by ignorance, jackets of segregation around the lives of people with disabilities and especially, those that don't speak.

All of us self-advocates must make waves of change pour over malls and places of leaders of government, moving mountains and clearing paths of acceptance.

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