

Functional Assessment Tips

- **Observe, observe, observe!** Watch how the individual actually performs activities such as transferring and mobility. For example: Did the person answer the door when you came? Did they use the restroom while you were there?
- Assess and gather information **from the individual first.** If needed, speak with others involved with the individual's care such as spouse, family, paid caregivers, adult day, home health, etc.
- Ask the individual to **describe a typical day** from getting up in the morning to going to bed at night.
- Ask the person how they have been **over the last week.**
- **Recognize** the individual's abilities.
- **Self-Performance** is the individual's ability to perform part of all of an activity.
- Using the Key, score the individual's **Self-Performance.** Use comment space to further describe what the individual can and can not do.
- **Support Provided** is the type and amount of support provided by another paid or unpaid person in the last 7 days.
- Score the **highest level** of support provided by others in the last seven days, even if that level of support only occurred once.
- Note the variation in the measure of self-performance for **Bathing.**
- Use comment space to explain who is providing the assistance and now often.
- **Never** choose the level of self-performance based on the volume of services desired.
- If the activity **did not occur** in the last seven days, score an "8". Use comment space to explain.

Refer to ILA manual for more information and examples.